

LIPOSUCTION

Post Operative Instructions

1. Please call the office if you experience a temperature over 101 degrees or if any localized swelling or redness occurs.
2. It is normal to have mild discomfort for a few days with some bruising and swelling.
3. Swelling is transient and in most cases lasts 6 to 8 months. However, in 1 to 2 months you will notice improvement in your appearance which, will continue as the swelling and bruising decrease over the next few months.
4. Wear your abdominal binder /compression girdle for at least 4 – 6 weeks. The garment may be removed for a shower 2 days after surgery per Dr. Worthing's orders.
5. Please make an appointment for 2 weeks after surgery.
6. Drink plenty of fluids and take all medications, as directed. **DO NOT** take any **ASPIRIN**-containing medications listed on the pre-op instructions for 2 weeks after surgery. Tylenol may be used for discomfort.
7. Please limit your regular activities for 2 to 3 weeks.

Any questions or concerns please call Vivian RN, 281-440-7797, x14.