

# CHEMICAL PEEL

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## Post Operative Instructions

1. A chemical peel is indicated for fine lines of the face and around the mouth. After the acid solution is applied to your face, small strips of tape are placed on your face.
2. The tapes are removed the next day and a medicated brown powder is applied daily with a cotton ball **until oozing stops**. The medicated brown powder will be given to you to take home.
3. After 3 days apply **A & D ointment / Vaseline** liberally every 2 to 3 hours over the entire area and allow to **SOAK IN**. Some of the crusting will come off with each application of ointment this may take 5 to 7 days. **DO NOT WIPE THIS AREA**, but **PAT** with a **KLEENEX** to remove some of the crusting.
4. After the brown crust is gone and red skin is seen, you may wash your face and apply a moisturizer. **We suggest you make an appointment for a complimentary consult with our aesthetician for skin care and camouflage make-up.**
5. It is common for swelling and perhaps some blisters to be present in the lips and treated areas.
6. After the initial 2 to 3 weeks of swelling and crust formation you will notice red smooth skin. Over the next 3 to 6 months, the redness decreases. Due to the depth of the peel, permanent decreased pigmentation may result.
7. Please take all medications as directed with food. Zovirax Rx may help with lip blisters. Drink plenty of fluids and stay out of direct sunlight and use sunscreen.
8. Please limit daily activities for 2 weeks.
9. Please make an appointment as needed,

**It is important that you understand and comply with these post-operative instructions.**

Call Vivian R.N. with concerns or question at 281-440- 7797,ext.14

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